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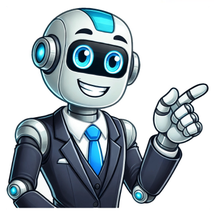

Staircases might not seem important, but they can change energy flows at home. In Vastu Shastra, staircases have a big role. They can help good vibes move around your place. This guide will explain how Vastu considers stairs and their impact on the ambience of your home. What is the Vastu Shastra for Staircase? When we talk about staircases, it's not just about building steps. According to Vastu Shastra, how you make and where you put the staircase matters a lot. It's not just about going up and down; it's about how good vibes move around your home. Vastu rules for staircases are pretty interesting. They say that the Vastu direction and place of your staircase count. It's better if your staircase turns in a particular way to let positive vibes move freely. Also, where the staircase sits in your home and what it's made of are also super important. Following these rules doesn't just make your staircase look nice; it helps keep a good, happy feeling in your home for everyone who lives there. Importance of Vastu Shastra for Staircase The arrangement of a staircase in a home holds significance due to its impact on energy flow and inhabitants' well-being. Here are five essential aspects: Direction: Staircases are recommended in the west, south, or southwest areas, as per Vastu, to facilitate upward movement and stability. Design & Shape: A staircase should spiral clockwise and have a regular shape to ensure smooth energy flow and stability. Materials & Colours: Wooden or marble stairs are favoured, and light shades or natural colours promote positivity. Space Beneath: Keeping the space under the staircase open helps maintain positive energy flow. Safety & Well-being: A well-lit, clutter-free staircase ensures safety and supports overall well-being as per Vastu principles A Guide to Staircase as per Vastu Shastra In Vastu Shastra, every aspect of a home's construction is believed to influence the flow of energy within the space. One crucial element in this regard is the staircase, which is considered not only as a means of transition between different levels but also as a channel for positive or negative energies. An ideally designed staircase can contribute to the overall well-being and prosperity of the occupants. Here is a comprehensive guide to incorporating Vastu-friendly features into the design and placement of staircases in your home. Direction: The choice of direction for your staircase is pivotal in Vastu. East, north, or northeast-facing staircases are recommended, as these directions are believed to channel positive energy into the home. This alignment is thought to create a conducive environment for personal growth, prosperity, and overall harmony. Position: Placing the staircase in the southwest is considered advantageous for stability and strength in Vastu. This direction is associated with the grounding and supportive qualities of the earth element, ensuring a solid foundation for the entire house. However, caution should be exercised to avoid the Brahmasthan, the central part of the house, as it is a sensitive area that should remain undisturbed for optimal energy flow. Shape: Rectangular or square-shaped staircases are recommended for stability and prosperity. These shapes are thought to resonate positively with the earth's energies, providing a secure and grounded feel to the home. The balanced design contributes to a sense of order and tranquillity. Orientation: The orientation of the staircase is crucial in maintaining the natural flow of energy. Ascending from east to west or from north to south aligns with the magnetic forces of the Earth, enhancing the positive vibes within the home. This alignment is believed to support the occupants in their endeavours and life journeys. Spiral Design: Although not the primary recommendation, if a spiral staircase is chosen, its placement in the south or southwest is advised. The rationale behind this is to minimize any potential disruptions to the energy flow caused by the spiral design, ensuring a more harmonious integration with the overall Vastu principles. Number of Steps: Odd numbers of steps are preferred in Vastu, avoiding multiples of 3. This choice is rooted in the belief that odd numbers create a sense of balance and symmetry, contributing to the smooth flow of energy. Ensuring that the first and last steps are level further enhances the positive energy circulating through the staircase. Right Colours: The selection of colours for the staircase is not merely a matter of aesthetics but a consideration of the vibrational qualities associated with different hues. Light and soothing colours, such as pastels or earthy tones, are believed to promote a calming atmosphere. These colours resonate with positive energies, contributing to a serene and balanced living space. Design: A staircase with wide and even steps, without unnecessary curves, is considered favourable in Vastu. The rationale behind this design choice is to enhance stability and ease of movement. The evenness of the steps is believed to contribute to a sense of predictability and order in the home environment. Decor: Beyond its structural elements, the staircase area presents an opportunity for aesthetic enhancements that align with Vastu principles. Keeping the staircase clutter-free and adorning it with auspicious symbols or artwork can enhance the positivity in your home. Symbolic representations of prosperity, happiness, and protection can infuse the staircase area with positive vibrations. Brahmasthan Staircase: The Brahmasthan, being the central part of the house, is considered a sacred space that should remain undisturbed for optimal energy flow. Placing a staircase in this area could potentially disrupt the equilibrium of energies within the home. Therefore, it is advisable to avoid locating the staircase in the Brahmasthan. External Staircase: In instances where external staircases are part of the architectural design, their orientation becomes crucial. External staircases facing north or east are considered beneficial as they align with the positive energies of these directions. Conversely, placing external staircases in the southwest corner is discouraged, as it may introduce negative energies that could impact the overall harmony of the home. Staircase Storage: Utilizing the space under the staircase for storage is not only a practical solution but also aligns with Vastu principles. However, it's essential to maintain this area in an organized and clutter-free manner. A well-organized storage space under the staircase contributes to a positive and harmonious living environment. Construction of Doors: The construction and placement of doors near the staircase are additional considerations in Vastu. Doors should ideally open in a clockwise direction, aligning with the natural flow of energy. It's crucial to ensure that doors do not obstruct the path of the staircase, allowing for an uninterrupted flow of positive energy throughout the house. Vastu Shastra Tips for Staircase Staircases are considered significant as they are pathways for energy to move between different levels. Here are a few simple Vastu Shastra tips to consider: Direction matters: Ideally, staircases should spiral clockwise from top to bottom. This is believed to enhance positive energy flow. Location is key: It's recommended to avoid placing staircases in the centre of the house, as it may disrupt the flow of positive energy. Space and structure: Staircases should be well-lit and spacious. Avoid cramped or dark stairwells, as they could create a feeling of heaviness or restrict positive energy movement. Balustrades and railings: Ensure sturdy and well-maintained railings. This not only enhances safety but also contributes to a sense of stability in the house. Material matters: Wooden staircases are often preferred, as wood is believed to have grounding and natural energy-conducting properties. Ideal Staircase Direction as per Vastu for Different House Directions A staircase arrangement in a home holds significance due to its impact on energy flow and inhabitants' well-being. Here are five essential aspects: Staircase in East-Facing House It's recommended to have the staircase in the East or Southeast direction in an East-facing house as per Vastu. This promotes positive energy flow and aids in maintaining a balanced atmosphere within the house. Staircase in West-Facing House Placing the staircase in the Northwest or West direction is advised in a West-facing houseas per Vastu. This positioning can help maintain a smooth flow of energy and enhance the overall ambience of the house. Staircase in North-Facing House Placing the staircase in the North or Northeast direction is considered auspicious for a North-facing house as per Vastu. This arrangement aids in channelling positive energies and ensuring a harmonious environment. Staircase in South-Facing House In a South-facing houseas per Vastu, it's advisable to have the staircase in the South or Southwest direction. This positioning supports a balanced energy flow and contributes to the overall harmony of the living space. Colours for Staircase as per Vastu Shastra In Vastu, colours play a significant role in the energy flow within a home. The staircase is an essential element, and choosing the right Vastu colours can enhance the positive flow of energy. Ideal Colours for Staircase: Earthy Tones: Think warm, neutral shades like brown, beige, or terracotta. These colours promote stability and grounding energy. Light Shades: Soft pastels like light blue, pale green, or subtle pink can create a serene and harmonious atmosphere. Colours to Avoid: Dark and Gloomy colours: Avoid deep, dark shades like black, as they might absorb light and hinder the flow of positive energy. Overly Bright colours: Extremely vibrant and intense colours, like neon or bright red, can be overwhelming and disrupt the balance of energies. Constructing Staircase as per Vastu: Do's and Don'ts Do's: When constructing a staircase, certain Vastu principles can be considered for better energy flow within the home. Location: Ideally, the staircase should be in the South, Southwest, or West direction of the house. Shape and Design: It's recommended to avoid circular or spiral staircases, favouring square or rectangular shapes. Number of Steps: Odd numbers for steps are considered auspicious in Vastu. Materials: Using wood or marble is favourable. Avoid using low-quality materials. Direction: The staircase should ascend from East to West or North to South. Placement: It's best to avoid positioning the staircase in the centre of the house to maintain the positive energy flow. Lighting: Ensure proper lighting, especially at the top and bottom of the staircase Don'ts: When constructing a staircase, according to Vastu, it's believed that the energy flow in a home can be affected. To align with Vastu principles, here are some things to avoid: Avoid Circular or Spiral Staircase: Vastu suggests using straight or square-shaped stairs to ensure smooth energy flow. Avoid Odd Number of Steps: Try to have an even number of steps to maintain balance and harmony in the house. Avoid Creaky or Broken Steps: Stairs should be in good condition to prevent negative energy accumulation. Avoid Stairs Facing the Main Entrance: Stairs facing the entrance can lead to energy loss, according to Vastu principles. Avoid Clutter Under the Stairs: Keep the space under the stairs clean and clutter-free to allow positive energy to circulate freely. No Direct View: The staircase shouldn't be directly visible from the main entrance. Staircase Vastu Doshas Vastu Shastra suggests several guidelines to ensure positive energy flow in a home, including considerations for staircases. Here are some common Vastu Doshas related to staircases: Direction: Staircases should ideally be in the South, West, or Southwest part of the house. Shape and Position: Avoid circular, spiral, or irregularly shaped staircases. They should not be in the centre of the house or too close to the main entrance. Number of Steps: Even numbers of steps are preferred, and odd numbers should be avoided. Construction: Stairs should be built in a clockwise direction and shouldn't creak or be broken. Storage: Avoid keeping heavy items or clutter under the staircase; instead, keep it clean and well-lit. Lighting: Ensure proper lighting on the staircase for safety and positive energy flow. Remedies for Staircase Vastu Doshas Keep Stairs Well-Lit: Ensure good lighting on the staircase to dispel negative energy and promote a positive ambience. Avoid Broken or Creaky Steps: Promptly repair any broken or creaky steps, as damaged stairs are believed to bring obstacles and hindrances. Decorate with Positive Symbols: Adorn the staircase area with symbols of positivity, like potted plants or vibrant artwork, to counteract negative energy. Use Colors Wisely: Choose light and soothing colours for staircase walls to enhance a sense of calmness and balance in the home. Install Handrails for Support: Ensure sturdy handrails are in place for support and stability, promoting a secure and confident energy flow. Avoid Clutter on Stairs: Keep the staircase clutter-free, as a tidy space encourages the smooth flow of energy up and down. Place Crystals Strategically: Position crystals like amethyst or clear quartz on the staircase to counteract negative vibrations and invite positivity. Hang Positive Affirmations: Decorate the stairwell with positive affirmations or motivational quotes to uplift the energy in the space. Regular Cleansing Rituals: Engage in regular cleansing rituals like smudging with sage or using salt water to purify the staircase area. Introduce Greenery: Place indoor plants on the staircase landing to bring in natural vitality and counteract any negative influences Different Staircase Shapes as per Vastu In Vastu, the shape of your staircase plays a significant role in channelling energy within your home. Each staircase type brings a unique energy flow, impacting the overall harmony of your living space. Winder Staircase A Winder Staircase, curving or turning, should ideally ascend clockwise. Vastu suggests this shape promotes a smooth flow of energy, preventing any disruptions or stagnation as you ascend or descend. Circular/Spiral Staircase Circular or Spiral Staircases, with their graceful curves, should rotate in a clockwise direction for positive energy circulation. This shape symbolizes continuity and balance in your home's energetic dynamics. Straight Flight Staircase A Straight Flight Staircase, a simple and direct ascent, aligns with Vastu principles when it faces either the north or east direction. This placement encourages an unobstructed flow of energy. U-Shaped Staircase A U-Shaped Staircase, bending in the middle, is recommended to be constructed in a clockwise direction. This design fosters a harmonious and balanced energy flow within the space. L-Shaped Dog-Legged Staircase An L-Shaped Dog-Legged Staircase, forming a right angle, should ascend in a clockwise direction. Vastu suggests that this shape aids in maintaining a stable and positive energy environment in your home. Conclusion This comprehensive guide tells you how to place and build stairs to make your home feel good. It talks about which direction stairs should go, how they should look, and what materials to use. Following these ideas can make your home a more peaceful and happy place, according to Vastu's beliefs. What is the Vastu Shastra for Staircase? Vastu emphasizes the direction and placement of staircases to enhance positive energy flow within a home. Importance of Vastu Shastra for Staircase The positioning and design of staircases significantly impact energy flow and inhabitants' well-being, focusing on direction, shape, materials, space utilization, safety, and well-being. A Guide to Staircase as per Vastu Shastra Vastu principles dictate the ideal direction, position, shape, and design for staircases to ensure positive energy flow. Some Vastu Shastra Tips for Staircase Guidelines include clockwise spiralling, avoiding central placement, ensuring ample space and lighting, and using sturdy materials like wood for positive energy enhancement. Ideal Staircase Direction as per Vastu for Different House Directions Vastu guidance for different house facings recommends specific directions for staircase placement to maintain a balanced energy flow within the home. Things to Keep in Mind While Constructing the Staircase as per Vastu Key considerations involve location, shape, step count, materials, direction, and placement to ensure the optimal flow of positive energy. Things to Avoid While Constructing The Staircase as per Vastu Avoid circular or spiral designs, odd step counts, creaky steps, stairs facing the entrance, and clutter under the stairs to maintain positive energy circulation. Colours for Staircase as per Vastu Shastra Choosing ideal colours such as warm earthy tones or light pastels can significantly impact the positive flow of energy within a house. Staircase as per Vastu: Do's and Don'ts Following and avoiding specific practices, including favourable placement, material use, step count, lighting, and shape, contribute to positive energy alignment. Staircase Vastu Doshas Vastu Doshas includes identifying unfavourable positions and shapes for staircases as per Vastu principles that disrupt the flow of positive energy. Remedies for Staircase Vastu Doshas Suggestions to rectify Vastu Doshas include enhancing lighting, ensuring even and well-maintained steps, and utilizing space for positive energy circulation. Shapes Vastu emphasizes staircase shapes like Winder Staircase, Circular/Spiral Staircases, U-Shaped, and L-Shaped Dog-Legged, for energy flow, known to maintain stability in home energy. Vastu for staircase inside house. The staircase vastu remedies including the position of staircase as per vastu in a home. Know about the no of stairs as per vastu or the no of steps in staircase as per vastu. This post will explain all about the vastu staircase direction, staircase location as per vastu (position of staircase as per vastu) for east facing house and for north facing house, or any direction (facing) house, and other important aspects of staircase in house which is vital for the propserity. According to vastu shastra, staircases must be built in the South (Dakshin) or West (Paschim) direction of the house. Both these directions are lucky (as per vastu) and is said to bring good health and prosperity for the people staying in the house. Also, note that the stairs should begin from the North (Uttar) towards the South (Dakshin) or East (Purva) towards the West (Paschim). In case where there is a lack of space, the directional turn of the stairs can be taken into the other sides as long as the general direction of the staircase is intact and correct. For an external staircase, it can be built in the South-East direction (facing the East), in the South-West direction (facing the West), in North-West direction (facing the North), and South-West direction (facing the South). The colour of the staircases should be of light colours such as yellow, white, pinks, off-white shades and sky blue. These colours are said to build up the positive energy into the home. Avoid red and black colours fo staircase as these are associated with anger and fierce energy which may induce negative energy. The stairs must always be an odd number. It must never end with a zero number. According to vastu, stairs should have an odd number of steps 9, 11, 15 and 21 are considered the most auspicious for the home or office. Keep the following points in mind while construction the staircase inside the house: Never have a spiral staircase (not advisable as it causes bad health).An external staircase encircling the building should be avoided at any cost.Never have a room having a staircase in the South-West corner of a basement.Try to have doors at the end and beginning of a staircase.The stairs should never touch the Northern or Eastern walls of the house.Try to build the stairs in such a position that a staircase should not be visible to visitors.Never have a broken step in the stairs. If so, it must be repaired immediately.Never have a bathroom, kitchen or puja room under a staircase.You can use the area below staircase as a storage space.Never have staircase in the Brahmasthan (in the middle of a home). Vastu for Stairs:Stairs become an essential place in an apartment, for smooth movements for one floor to another floor. Some options to stairs are the lift or elevators, stairlift, and inclined moving walkways as well as stationary inclined sidewalks. But the importance & availability of stairs you cannot minimize. Failure of these systems (mechanical fault or failure of electric power) makes the stairs as an essential part of HOME. Three possible sections for the stair are square, circular, and rectangular. However, In modern times, many types of stairs are in circulation. Why Staircase Vastu is important? Stairs, according toStairscasse Vastu Shastra principles, not only bring harmony, peace in mind & financial stability but the further emphasis on smooth movement from one level to another quickly, easily, comfortably & safely. Expected Defects Due To Non-Compliance of Vastu Principles of Staircase Vastu To put it differently, if you do not follow the principles of Vastu Shastra for stairs, it may cause various mishappenings in the house from time to time. It may be like mental/physical illness, financial instability, tension, family conflicts, etc. So it is essential to realize the principles of Vastu Shastra for stairs. Best Tips-Vastu Shastra for Staircase 1- Staircase location as per Vastu: The best location and direction for the staircase as per Vastuis in the South, west, or Southwest. Stairs in the Northeast (Ishaan) would create problems with your finance. So you must avoid stairs in Northeast (Ishaan) and Brahmasthana. You must sure that there should be proper lights & ventilations on Stairs. 2- Vastu Shastra recommends East or North facing doors on stairs. Doors must be fixed at the starting and ending point of stairs. 3-Clockwise Staircase: The staircase must turn towards right i.e. from left to right only. In other words, Stairs should always be clockwise. So the best turning is from east to south, south to west, west to north and north to east. 4- The stairs in the Brahmasthana:The stairs in the Brahmasthana (center of the house), are inauspicious. You must avoid Stairs just opposite to the entrance. 5- Stairs outside the house: The Staircase outside the house must not cross the main door. 6- Do not build any room ie Pooja room, kitchen, bathroom, study room, or safe under the Stairs. 7- How many rises in Staircase?: Rises should be in odd no. that is to say, these should not be in even no. According to Vastu Shastra rules for the staircase, divide the number of stairs (rises) by 3, forget quotient, if the remainder comes out to be 2, the stair is of best. so a number of steps should be 5, 11, 17, etc are best. Paints of staircase:- light colors but avoid black & Red colors. 8- The uppermost stairs should be covered with a roof called Mumty for safety purposes. 9-You must Avoid a circular staircase:Avoid a circular staircase. Keep the staircase always in good working condition. Repair staircase immediately or it may cause mental tension, family conflicts, physical injuries, etc. 10- You should start & reach a new floor with your right foot. 11- Avoid common stairs for going Upstairs as well as for going to the basement. 12- A patient should not be kept in the room where stairs start or end. Besides the above recommendations of Vastu Shastra for Staircase, a good staircase should be provided with a handrail to provide assistance, comfort, and safety to the users. Finally, in simple words,Vastu compliance stairs bring prosperity and all-round progress. Now, you have all the necessary knowledge on the staircase Vastu. I expect and believe that you will now be capable of built the stairs in your home, a Vastu compliant one. Thank you for your valuable time. If you saw this learning is valuable, share it with your family and friends. Staircases should rise from the east to the west or from the north to the south. This orientation aligns with the sunrise and ensures the staircase effectively harnesses positive energy. 2. Vastu for Staircase Recommends West or South of the HousePosition your staircase in the west or south parts of the house. These directions are deemed auspicious for strength and stability and minimise the negative impacts on the household's prosperity. 3. Avoid Spiral Design as Per Vastu for the StaircaseSpiral staircases are thought to lead to negative energy circulation. Instead, you can opt for straight flights more helpful to the smooth flow of positive energies. 4. Vastu for Staircase Tip for Number of StepsEnsure that the number of steps in a staircase is odd and never ends in zero. This configuration is believed to attract good fortune and maintain a positive energy cycle. 5. Position of Staircase as per VastuNever position a staircase in the centre of the house (Brahmasthan), as this can disrupt the flow of cosmic energies. The southwest is often considered the best location. 6. Stay away from Brahmasthan as Per Vastu for StaircaseThe central part of a home, known as Brahmasthan, should be free of any heavy structures like staircases to avoid hindering the flow of beneficial energies throughout the home. 7. Vastu for Staircase Outside the HouseFor external staircases, the southeast and northwest directions are preferable. They should ideally ascend towards the northeast to encourage positive energy inflow. 8. Vastu for Staircase StorageUsing the space under the staircase for storage is acceptable, but clutter should be avoided, and the space should be organised to ensure unobstructed energy flow. 9. Light Colours are Good as Per Vastu for StaircasesLighter colours for staircases are recommended as they are believed to attract more light and positive energy, creating a sense of openness and peace. 10. Vastu for Staircase Tip for Nearby DoorsEnsure that no door directly faces the staircase, especially the main entrance. Doing so can drain energy from the house, affecting the well-being of its occupants. What are Some Rules of Vastu for Staircase Handrails? Staircases or stairs for short are an important part of each and every multistory house.Stairs allow you to move from one level of home to another level easily and fluently.In vastu shastra, staircases are given very high importance; it is said, believed and even validated that a staircase which does not comply with rules and regulations of vastu shastra leads to frequent in many cases, major accidents, loss of wealth and mental tension.On the other hand, if stairs are located and built as per vastu, then the residents enjoy wealth, health and peace of mind.Here I assume that you are completely aware of vastu shastra. However, if you dont know what vastu shastra is; then you can read the article which makes you familiar with vastu shastra and its benefits.There have been many instances where a family or an individual faces severe money and health problems; when accurate vastu analysis of such houses was done; it was found that in most of the cases the staircase of home was the root cause of all the issues as the staircase was not complying with vastu rules and guidelines.To make you understand the risks associated with vastu non compliant stairs, I have compiled a list of problems caused due this DEFECT.Yes, DEFECT, understand that in vastu shastra, non compliance of stairs with vastu rules and guidelines is a major an obviously a very serious defect.Financial Troubles: Loss of wealth, debt and bankruptcyHealth Related Issues: Frequent accidents lethal and minor, ill health of children in a family, breathing problems; blood related medical issues and rare lethal diseases.Family Issues: Conflict within family members, mental tension and stress.Being a sensible and responsible person, I believe that you will never in any case whatsoever want yourself or your family to face such harsh situations. Dont you?I believe that the above mentioned few reasons are sufficient for you to consider doing vastu for stairs in your home.Hence read the next section of this article to understand clearly and implement staircase vastu tips so that the stairs in your home brings happiness and well-beingto you and your family.This section of the article is dedicated to all those who want to do vastu for stairs in their home.In this section of the article, I reveal to you, the best location of staircase in a home, the shape, auspicious colors for staircase and much more so that you can make the staircase in your home as per vastu shastra.To begin with, I want you to take a look at the image which I have created for you.The below image will reveal to you in a nutshell the best locations to build a staircase in your home as per vastu shastra.Seen the image? Ok, lets continue.Now you know that the best location to build a stair in a home is South-West corner.However due to any reason if the South-West corner of the home is unavailable to make a staircase, then the next best place to locate stairs is the South or West portion of home.The next step in making the staircase of your home a vastu compliant one is to implement vastu tips for staircase.I have compiled a list of all vastu tips and guidelines which will help you achieve a vastu compliant staircase in your home.Read and understand them completely.Construct staircase in South-West corner or West or South directions in a home.You can construct external staircase in South-East facing East, South-West facing West, North-West facing North and South-West facing South.Vastu for Staircase suggests that while going up via stairs, one must climb towards West or South; and while descending one should descend towards East or North. Provide a turn in any direction due to paucity of the land.Keep the stairs clockwise as far as possible.Use the area under a stair as store place.Provide a roof sloping towards East or North at the top of staircase.Keep the number of steps odd. Make sure that the number of risers when divided by 3 leaves 2 as remainder. E.g. 5, 11, 17 etc.Use light and soothing colors for a Staircase. Avoid red and black color for stairs.Repair broken stairs immediately else it may cause accident and conflict in family due to mental tension.The staircase must never be in the North-East side of the home.If the staircase is in the North-East of the home then there will be financial and business losses; also the head of the family will be in debt.Avoid stairs in the center of a home. Keep the center of the home free as this is the Brahmasthan. To know more on Brahmasthan read the article essaying the awesome story of Vastu Purusha and Vastu Purusha Mandala.Spiral stairs are not recommended as per Vastu as they cause bad health.If a staircase if encircling the building then it will lead to calamities.One must never keep almirah or cash locker under a staircase.The first step of any stair should never be round or circular.Stairs in a home should never start or end from/in Kitchen, Pooja/Prayer Room, Store Room or Strong Room.Do not have Pooja Room, toilet or Cash/Strong room under any staircase.If the space is less and staircase constructed in South-East or North-West then it may, to some, extent affect health of children in the family.Avoid circular or round steps as far as possible.If a staircase is build in the South-West (the best place) of a home, and room is available at the end of the stairs, then no one should occupy the room. If someone does occupy the room then he will fall sick, will have breathing problems; blood circulation will become slow and will start suffering from rare diseases.The steps going to upper floor must never be the same stairs that go to the basement or cellar.Since now, you have all the required information on staircase vastu, I hope and believe that you will now be able to make the staircase in your home a vastu compliant one.Thank you for your precious time.If you found the above information helpful, share it with your friends and family.Vastu Shastra Guru passionately explores the ancient science of harmonious living. A dedicated contributor to our blog, he seamlessly blends ancient wisdom with modern insights, guiding readers towards balanced and positive energies.Generally, homeowners dont pay enough attention while planning a staircase in comparison to the other parts of the house. In fact, the direction and position of the staircase are often an afterthought. This structure, while being essential, is not an area of key focus. However, it has been observed that a poorly placed staircase can invite destructive energy and ward off positive vibes in a house. Which is why, following vastu for staircase tips is important.A well-designed and correctly positioned staircase can bring prosperity, good health, and peace of mind. Therefore, adhering to the principles of vastu for staircase inside house, it is important to usher in positivity and abundance. Simple factors such as location, visibility, and starting point of the stairs can go a long way to get good energies flowing in. Today, we will take you through the top 10 vastu tips that must be considered while designing a staircase in your house. This will make sure that there are no negative vibrations in the house.1. Vastu for Staircase OrientationLike this?Get best prices from interior design experts Get Free EstimateMaintaining clockwise orientation is a crucial vastu for staircase tip (Source:Pinterest) As per vastu doctrines, the staircase in the house must always follow a clockwise path, i.e. either from east to west or north to south. It is believed that a staircase that is built in an anti-clockwise direction causes a harmful impact on ones career growth.2. Vastu forStaircaseRecommends West or South Part of the HouseBuilding site should be in south or west as per vastu for staircase (Source:Pinterest)Build your staircase in the southwest, south, or west part of your home. This holds true for vastu for staircase in east-facing house, north-facing, and west-facing house. Avoid constructing it in any other part, especially the northeast side, as that is believed to result in financial losses for the owner. As far as vastu for staircase in south-facing house is concerned, it can be constructed in the west/northwest or south/southeast part of the house.3. Avoid Spiral Design as Per Vastu for StaircaseAvoiding spiral design is important as per vastu for staircase (Source:Pinterest) Spiral staircases may appeal to many people, owing to their attractive design. But as pervastuprinciples, these staircases are deemed to be extremely destructive for the energy of the house. They can adversely impact the health of the inmates or lead to accidents.You Might Also Like 4. Vastu for Staircase Tip for Number of StepsAs per vastu for staircase inside house, the number of steps play a key role in attracting positivity (Source:Pinterest)Vastu for staircase in west facing house, or east, north or south, recommend that steps should be odd in number, such as 9, 15, or 21. These numbers are considered lucky for households as they can bring in fortune and good luck in abundance. Also, experts recommend that the number of steps in a household must never end with a zero.5. Vastu for Staircase PositioningLike this?Get best prices from interior design experts Get Free EstimateVastu for staircase principles advise placement to the side (Source:Pinterest) As per vastu for staircase inside house, all stairs must be placed along the side of the house. Staircases placed in the centre or a place where they are completely visible to the guests can tax the house and drain its positive energy. By placing the staircase on a side, you are allowing the good vibes to flow through without any obstacles.6. Light Colours are Good as Per Vastu for StaircaseVastu for staircase inside house focuses on the use of light colours (Source:Pinterest)Ideally, staircases must be painted in light and pastel shades. You can opt for softer tones such as beige, off-white, pastel pinks, yellows, or tints ofblueto bring in positive vibes in the house. As per vastu for staircase in north facing house, or one in the east, south or west, colours such as black and red must be avoided as they induce negativity. If you wish to place wallpaper next to the staircase, make sure it is in a light and soft shade. 7. Stay away from Brahmasthan as Per Vastu for StaircaseVastu for staircase recommends that you avoid building the structure in Brahmasthan (Source:Pinterest) The Brahmasthan is the most sacred part of your house, such as your mandir. Often, this Brahmasthan is constructed in the centre of the house so that it exudes positive energy and sends it in all directions. As per vastu, this holy part must be constructed away from the staircase to ensure good vibes. In fact, it is advisable to keep all structures at least 1.5-metre away from Brahmasthan. Follow exterior vastu for staircase tips for constructive energy flow (Source:Pinterest)When it comes to an external staircase, i.e. those built outside the house, deciding the placement as per vastu becomes important. The ideal directions for an external staircase under vastu are southeast for an east-facing house. As per vastu for staircase in west-facing house or a south-facing house, the external staircase should be in southwest. And it should be in the northwest for a north-facing house.9. Vastu for Staircase StorageLike this?Get best prices from interior design experts Get Free EstimateBuild efficient storage space by keeping vastu for staircase in mind (Source:Pinterest) In many small homes, the space under a staircase is utilised to build a pantry orbathroom, or even the pooja room. However, this must be strictly avoided. The space under the staircase must only be used for storage. You can create a chest of drawers in the area to organise regular household things such as sports equipment, clothing items, music equipment, etc. As per vastu for staircase inside house, do not use the storage space for valuable items like cash or jewellery.10. Vastu for Staircase Tip for Nearby DoorsFollow vastu for staircase tips for nearby doors to allow free flow of positive energies(Source:Pinterest)As per vastu guidelines, doors must be constructed at the beginning or the end of the staircase. This will ensure an adequate flow of positive energy throughout the house. Also, make sure that the stairs do not touch the eastern or northern walls of the house.Vastu Tips for Staircase - Design GuidelinesAs per Vastu, a staircases design is of great importance. One of the most common discussions is around the design of the staircase. Vastu highlights that the spiral staircase design must be avoided at all costs. However, a few other Vastu experts indicate that the direction of the spiral is the cause of concern.Another case is that of open and closed staircase design. The open staircase design is where you can see the complete set of stairs. In contrast, the closed staircase design is where there are walls around the stairs.According to Vastu, the flow of energy and its balance is the key. Therefore, in the context of the flow of energy, the open staircase design allows a better and more efficient flow of energy than the closed staircase design. The presence of walls around the stairs in a closed staircase design is less than in an open staircase design.What are the general Rules for Staircase as Per Vastu?In a general context, the two factors that are most important in staircase design are safety and aesthetics. However, Vastu adds another direction to the Staircase design, and that is the direction or positioning of the stairs.When you are designing the stairs, keep the following points in mind: Ensure that guardrails are placed properly at a gap of 4 inches. The height of the guardrails should be 36 inches minimum The height of the top and bottom stairs must be the same as the others. Therefore, you must be careful while designing. The rise and run or the height and tread for each stair must be exactly the same. The height should be around 4 inches but less than 8 inches. The tread or the run should be around 9 inches but less than 12 inches. The side of the steps that provide support to the staircase structure is solid. In case the stairs are longer than 32 inches, support in the centre is a must. Why is It Important to Follow Vastu for Staircase?A staircase in the house is associated with movements. And as per vastu guidelines, any problems in the design or placement of this staircase can hamper the movements of the residents. It can significantly impact the health, wellbeing, and routine of the inhabitants.Any structural issues in the design of the staircase can lead to severe accidents. Besides, it can drain the house of all its positive energy and make the overall environment highly inconvenient.On the contrary, if your staircase is compliant with vastu guidelines, you will experience a positive flow of energy. It can result in prosperity, happiness, and success for the house owners as well as all other family members.Even if you are not a staunch believer in vastu, adhering to these basic principles can go a long way in ensuring overall positivity.Serious Construction Defects as Per Vastu for StaircaseA poorly designed staircase can lead to the complete eradication of all positive results brought about by applying vastu guidelines to other parts of the house. Many vastu experts also suggest that a staircase built in the centre of the house can lead to complications in pregnancy.Below are some of the most common and grave defects in construction as pervastu for staircase inside house: Spiral staircases Staircase built in the northeast side of the house Broken steps Dark-coloured staircase Staircase encircling the building Round and circular stairs Creaky and rusty staircase Even number of stairs Stairs in the centre of the house What are Some Rules of Vastu for Staircase Handrails?Staircase handrails not only ensure the safety of people, but also have a huge impact on vastu. As per vastu principles, it is best to go for stone or marble handrails for a staircase in the southwest direction. On the other hand, a staircase that is built in the west should have metal rails and the staircase built in the south or east direction should have a wooden handrail.In many homes, people build staircases without handrails. Although it looks aesthetically pleasing, it may be extremely dangerous for inhabitants. The decoration for stairs includes stairs and the wall that connects them. Most people prefer hanging decor accessories and pictures to use the wall best. However, these are some Vastu tips to follow while decorating the staircase; know about them: Vastu experts suggest never decorating the wall adjoining the stairs with family pictures. This can cause differences among the family members and can also be destructive to their health. You can beautify the staircase walls with paintings of nature scenes, such as blooming flowers, mountains, and lush greenery. This is considered good for staircase Vastu. You can also consider keeping potted plants on the side of the stairs. Keep in mind not to use thorny plants to decorate the stairs. Dont keep a mirror in front of the stairs or against the wall adjoining them since it is considered inauspicious, according to Vastu. You can also use lights to decorate the stairs. Do not hang the pictures of deities on the wall connecting the stairs. Conclusion to Vastu for StaircaseIf you are building a new house or purchasing a pre-built house, be mindful of vastu for staircase principles, especially when it comes to design and direction. In vastu, staircase placement can have a big impact on the energy and positivity of the house. You can also seek the help of vastu experts to make sure that your staircase is in complete agreement with the vastu principles. Weve detected that JavaScript is disabled in this browser. Please enable JavaScript or switch to a supported browser to continue using x.com. You can see a list of supported browsers in our Help Center. Help Center Vastu dictates how to make a homes energy positive and fulfilling for the family that lives in that home. If you are building an independent house or have stairs within your flat, the principles of staircase vastu can bring balance into your home.#1: Staircase direction as per VastuVastu-approved staircase designs to bring good luckThe auspicious staircase direction recommended as per vastu is either the south or the west. Both these directions are said to bring good health and prosperity.The stairs should begin at the north end and move southward or eastward. If there is a lack of space, turns can be taken to other sides as long as the general direction is correct.#2: Staircase colour as per VastuBright colours spread positivity as per staircase vastuIdeally, staircases need to be painted in light colours. Pastel yellows, pinks, off-whites and blues are the recommended staircase colours as per vastu as they infuse positive energy into the space. Avoid red and black colours when decorating stairs because they are known to channel negative energy.Also Read: 7 Unique Staircase Design Ideas That You Will Love#3: Staircase position as per VastuAccording to vastu, the ideal position of a staircase is along the sidesStaircase according to Vastu should be placed along the side of your house. Staircases placed in the middle of your home drain its energy and are known to negatively impact the health of its occupants.By keeping your internal staircase as per vastualong the sides of your houseyou are allowing energy to flow around freely.#4: Vastu tips for staircase typeChoose contemporary alternatives to spiral staircases inside your houseSpiral staircases are often used in homes because they are visually appealing and offer an easy way to go up and down. However, according to Vastu Shastra, spiral staircases are ideally not recommended because they represent imbalance and irregularity. This can affect the energy in your home in a similar manner.Also Read: 20+ Unique and Eye-Catching Stair Design Concepts To Transform Your Home#5: Number of steps in a staircase as per VastuSystematic planning as per staircase vastu can usher in happinessAccording to Vastu for staircase design, an odd number of steps is the best. For example: 9, 11, 15 and 21. Some experts say that the number of steps shouldnt end with a zeroeasily avoided by sticking to an odd number of steps in the staircase, as per Vastu.#6: Staircase location as per VastuThe staircase should not block positive energies flowing from the BrahmasthanThe Brahmasthan is the holiest part of the house; it radiates limitless energy and exists in the centre of a home. According to Vastu for staircase, this significant portion should be kept empty and free of any structure because it is the root of energy that is dispersed through the home. So any kind of construction, like a staircase, in the middle of a home can block the positive energy that makes your space warm and cheerful. Hence, there shouldnt be any staircases or pillars and beams in this area. As a rule of thumb, its ideal to keep obstructive structures outside a 1.5-metre circle from your pooja unit.#7: Keep staircases to the sideNeat and tidy with a staircase tucked into a cornerSince living rooms are where people gather to enjoy and have conversations, they should be kept clutter-free. In fact, vastu experts recommend that staircases should not be located in the living room as they will drain the positive energy from the space. You can keep them along the sides, if at all. Also Read: 7 Unique Staircase Design Ideas That You Will Love#8: Vastu staircase design clockwiseAlways build your staircase in the clockwise directionTo get vastu benefits from your staircase, make sure your stairs orient from north to south or east to west. In other words, your staircase must turn in the clockwise direction only. It is said that the stairs that turn anti-clockwise can cause hindrance in the owners career growth, and its best to steer clear of such doshas. Also Read: Banister Blues? These 40+ Staircase Railing Designs Are the Cure! #9: The perfect shape as per staircase VastuPerpendicular turns are the best for regulating positive energy in the houseCircular staircases can act as corkscrews that drain the energy of the house. Whereas, square or rectangular ones let the energy flow with utmost efficiency. Try not to make the shape angular. Although it is important that the walls be perpendicular to each other, it is also crucial that the shape be fairly flat so as not to disrupt the flow of energy.Also Read: 15 Vastu Shastra Tips To Help You Stay on the Right Side of Luck#10: Vastu tips for storage under the staircaseDont keep dustbins or unwanted things under the staircaseNot just waste items, Vastu Shastra also warns against storing valuable items under the staircase. It is best to store daily use items that dont have any significant value in your life.Furthermore, as a healing art, vastu can help homes draw in prosperity and happiness. By aligning elements of a home according to its principles, homeowners can allow radiant energy to flow through all spaces.Also Read: East-Facing House Vastu Plan: Everything You Need To Know#11: Vastu for External staircasesOutside staircases can be excellent sources of good fortune!When designing an external staircase according to Vastu, placement and direction play a crucial role in maintaining positive energy flow. The ideal Vastu staircase direction is the southwest, south, or